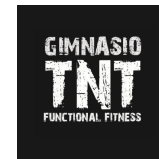


HORARIO OCTUBRE ACTIVIDADES GIMNASIO TNT



HORA	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
10:00 - 11:00	ZUMBA	TONO 45	PILATES	TONO 45	ZUMBA
11:00 - 12:00	CROSSTRAINING		CROSSTRAINING		CROSSTRAINING
18:00 - 19:00	YOGA	PILATES	YOGA	PILATES	ZUMBA
19:00 - 19:30	ABDOMEN 30'	TRX 30'	ABDOMEN 30'	TRX 30'	FIT BOXING
19:30 - 20:30	ZUMBA	FIT BOXING	BOOT CAMP	CICLO INDOOR	
20:30 - 21:30	FIT BOXING	CICLO INDOOR	PILATES	FIT BOXING	